

## Temporary Relief Regarding the Current Flexibility in the Telehealth Regulations

HHS announced the extension of the Public Health Emergency (PHE) from the deadline of July 25th to October 23, 2020. The extension of the PHE designation means that several key temporary policy changes designed to provide relief to health care providers and states will now remain in place through at least the third week of October. This extension applies to the relaxed rules for telehealth, audio and video, including place of service restrictions, as they are statutorily or regulatory tied to the existence of the COVID-19 PHE.

Payer	Telehealth/Cost-Sharing	New Expiration (as of 7/27/20)	Guidance on Expiration/Renewal Protocol
Medicare/CMS	Telehealth Expanded Guidelines	Oct 23, 2020	Following Federal Guidelines
	Cost -Sharing	Oct 23, 2020	Following Federal Guidelines
Maryland Medicaid	Telehealth Expanded Guidelines	Oct 23, 2020	Following Md Governor's Pronouncement
Virginia Medicaid	Telehealth Expanded Guidelines	Oct 23, 2020	Following Federal Guidelines
DC Medicaid	Telehealth Expanded Guidelines	Oct 23, 2020	Following Federal Guidelines
Carefirst	Telehealth Expanded Guidelines	Sept 30, 2020	Expires/Renews at Payer's discretion
	Cost -Sharing	Sept 30, 2020	Expires/Renews at Payer's discretion
United Healthcare	Telehealth Expanded Guidelines	Sept 30, 2020	Expires/Renews at Payer's discretion
	Cost -Sharing	Sept 30, 2020	Expires/Renews at Payer's discretion
Cigna	Telehealth Expanded Guidelines	Sept 30, 2020	Expires/Renews at Payer's discretion
	Cost -Sharing	Oct 31, 2020	Expires/Renews at Payer's discretion
Aetna	Telehealth Expanded Guidelines	Sept 30, 2020	Expires/Renews at Payer's discretion
	Cost -Sharing	Sept 30, 2020	Expires/Renews at Payer's discretion

### Resources:

- <https://www.cms.gov/files/document/03092020-covid-19-faqs-508.pdf>
- <https://www.novitas-solutions.com/webcenter/portal/MedicareJL>
- <https://mmcp.health.maryland.gov/Pages/telehealth.aspx>
- [https://mmcp.health.maryland.gov/Medicaid%20COVID19/Maryland%20Medicaid%20COVID-19%20Telehealth%20One%20Pager\\_7.24.20.pdf](https://mmcp.health.maryland.gov/Medicaid%20COVID19/Maryland%20Medicaid%20COVID-19%20Telehealth%20One%20Pager_7.24.20.pdf)
- [https://mmcp.health.maryland.gov/Medicaid%20COVID19/MEMO\\_Maryland%20Medicaid%20IEP%20IFSP%20Telehealth%20Clarification%20Guidance.pdf](https://mmcp.health.maryland.gov/Medicaid%20COVID19/MEMO_Maryland%20Medicaid%20IEP%20IFSP%20Telehealth%20Clarification%20Guidance.pdf)
- <http://dmas.virginia.gov/#/emergencywaiver>
- [http://dmas.virginia.gov/files/links/5455/7.21.20\\_Unwinding%20memo\\_Final.pdf](http://dmas.virginia.gov/files/links/5455/7.21.20_Unwinding%20memo_Final.pdf)
- <https://www.dc-medicaid.com/dcwebportal/siteSearch/search>
- <https://disb.dc.gov/sites/default/files/dc/sites/disb/publication/attachments/DISB-FAQ-COVID-19.pdf>
- <https://individual.carefirst.com/individuals-families/about-us/coronavirus-telemedicine.page>
- <https://www.aetna.com/health-care-professionals/covid-faq/telemedicine.html>
- <https://static.cigna.com/assets/chcp/resourceLibrary/medicalResourcesList/medicalDoingBusinessWithCigna/medicalDbwcCOVID-19.html>
- <https://www.uhcprovider.com/en/resource-library/news/Novel-Coronavirus-COVID-19/covid19-telehealth-services.html>